



## **The Leadership Initiative**

*(An Illinois 501(c)(3) - Not-for-Profit Corporation)*

### **WSM – Saturday, Sep 11, 2021 - Session Summary (Time Management)**

**When:** Saturdays - 10:00 a.m. until 12:15 p.m.  
**Where:** Naperville North High School or Alive, Naperville Teen Center

#### **Time Management Presentation – September 11<sup>th</sup> (Facilitator: Mrs. Natalie Johnson, Ph.D.)**

Dr. Natalie Johnson is the Founder and Manager of READit, LLC, a company focused on closing the Achievement Gap across the United States.

Saturday's presentation focused on the efficient use of **Time Management within an eLearning Environment**. Dr. Johnson delivered a very engaging presentation on the topic.

- **Time Management was defined as:** A Process which allows one to divide their time between activities, create space to break larger tasks into smaller doable ones, may relieve stress, and may lead to higher achievement.
- After introductions, Dr. Johnson had students respond individually to the question **“Why do you think Time Management is important in your respective learning environment?”**

Dr. Johnson identified three (3) components of eLearning Engagement: **Synchronous**, **Asynchronous**, and **Blended**:

- A **Synchronous** learning environment is one where students are face-to-face/interacting with a live teacher, and are active participants.
- An **Asynchronous** learning platform is a remote learning environment which might require a collaborative effort with one's peers or fellow students.
- A **Blended** learning scenario incorporates both Synchronous & Asynchronous platforms

Dr. Johnson posed a question to students: **“What is Engagement?”** **Answer: It's when one is paying attention, and is a participant in the learning experience.**

**Dr. Johnson also placed emphasis on the following:**

- The Academic Mindset; comprised of: Academic Perseverance, Behaviors and Performance, Learning Strategies and Social Skills. The Key: **Time Management**
- **“Practice makes Perfect for Knowledge Acquisition”** *If one wants to be good at anything; they must continuously work at it.*
- **Social Emotional Learning (SEL) which consists of five (5) key skills:** 1.) *Self-Awareness*, 2.) *Self-Management*, 3.) *Social Awareness*, 4.) *Relationship Skills*, 5.) *Responsible Decision Making*
- **Five (5) Steps to be a Successful Student:** 1.) *Be an Early-Bird*, 2.) *Set Goals*, 3.) *Work Hard to finish tasks ahead of time*, 4.) *Talk to your friends about work at hand*, 5.) *Share what you've learned.*

**Our Next Session will be held: Saturday, September 18<sup>th</sup>, 10:00 a.m.**

**Location: Naperville North H.S., 899 N. Mill St., Naperville 60563, Room# 108**

**Topic: "Personal Branding – A Presentation & Workshop"**

**Facilitator: Mr. Albert Demming**

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**The Leadership Initiative**, a 501(c)(3) Not-for-Profit Organization, welcomes your **Tax Deductible Donation**. All Donations are applied to Youth Programming, Field Trips, and Scholarships for Mentees graduating both the Mentoring Program and High School, and demonstrating intent to pursue post-secondary education. Donations can be made by delivering a check or by visiting our website at:

- **<https://www.TheLeadershipInitiative2019.org>** and clicking the **Donate** button.

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Questions pertaining to the content of this summary may be forwarded to my attention.

Yours very truly,

*AD*

**Albert G. Demming, President**

**The Leadership Initiative**

**(630) 803-1264**

**Email: [AGDemming@TheLeadershipInitiative2019.org](mailto:AGDemming@TheLeadershipInitiative2019.org)**

### **Our Mission**

**"To engage and inspire young persons to develop a success mentality, and live a life they did not know was possible"**

**"To serve humanity by creating a ripple effect of positive youth leadership"**

**Website: <https://www.TheLeadershipInitiative2019.org>**